

A KINESIOLOGY WEEKEND

Touch for Health 1

The foundation of many advanced kinesiology classes

(This course is recognized internationally)

Have fun
Enhance your family's well being or start a kinesiology
career. You will learn:

- to balance the body's energy
- simple pain techniques
- posture awareness
- accurate muscle testing with the 14 major muscles
- balancing the body and mind in relation to a goal
- energy enhancing through the Chinese meridians
- stress release
- and much much more....

Venue 21/75 Pacific Highway , Waitara.

Date 30th and 31st July 2011

Time 9am- 5pm

Cost: \$340 (includes GST & manual.)

Enquiries 02 9487 8957 or feelgreat@nma-oz.com

An \$80 deposit three weeks before the class will reserve a place for you.

Future courses:

(Dates to be decided with participants of first class)

Comments by two participants after completing the Touch for Health workshops and students' practical exercises:

I don't think I have ever had so much satisfaction in handing in something like this. Thanks so much for being such a wonderful teacher/ person, and helping to show me a path for the rest of my life. Love this work and its versatility to help so many people.

Kathryn Tucker Accounts Manager.

I thank you again for having me in your class. Your kindness and generosity are equalled only by your brilliant teaching skills and excellent clinical skills. I do mean these words sincerely.

Jan Osgood High School Teacher & Psychologist.

SHANAGH SANGSTER

NTSD, NDT & Kinesiologist

Registered SAMONAS

Sound Therapist

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KINESIOLOGY
& NEURAL
ORGANISATION
TECHNIQUE

PRIMITIVE
REFLEXES & NEURO
DEVELOPMENTAL
DELAY